



## 2014 Champion Providers

Bay Area Champion Providers	
<b>Chiyo Shidara, DDS</b> Contra Costa Health Service	Dr. Shidara has been a community dentist in Contra Costa County Health Service for six years and previously served as a dental practitioner in Japan. She provides dental care to developmentally disabled patients in her clinic or in the hospital setting, and meets the needs of disadvantaged patients through county homelessness projects. She is inspired by the selfless work of hospital doctors and the hugs of patients.
<b>Jan Diamond, MD, MPH</b> Lifelong Medical Care Contra Costa County	For the past eight years, Dr. Diamond's practice has been 60 percent general primary care, mainly adults, and about 40 percent patients with liver disease. Until November 2013 she taught family medicine at the Contra Costa County Residency. She retired in 2013 with the intent of changing careers, and has since starting working with Lifelong Medical Care, a FQHC community clinic network, where she plans to continue both primary care and liver care. She is interested in collaborative community education and in the 1990's did a great deal of education around HIV.
<b>Laura Davies, MD</b> San Francisco, CA	Dr. Davies is a child, adolescent, and adult psychiatrist. She has extensive experience working with the media and has a column in the San Francisco Chronicle. She was also on President Obama's Health Care Policy Team as the co-director of the Critical Response team. She has worked with Doctors for America since 2007 and has been a community advocate since medical school. She has advocated for accessibility of health care and insurance for the underserved for years and is passionate about destigmatizing mental illness.
<b>Patty Glatt, MD</b> Sutter Pacific Medical Center Greenbrae, CA	Dr. Glatt became interested in diabetes during her eighteen years staffing a high risk prenatal clinic in Richmond. In 2007, she wrote curriculum and started facilitating Spanish diabetes groups. She believes primary care physicians are in a unique position to fill the role of patient advocate and that common socioeconomic barriers can be overcome when patients are engaged and activated. She is interested in developing more collaboration between private and public sectors and community groups.
<b>Matthew Willis, MD, MPH</b> Marin County Department of Public Health	After obtaining a MPH in 2000, Dr. Willis chose an Internal Medicine Residency at Cambridge Hospital, a community based primary care program. As a clinical instructor he was able to teach medical students and new doctors how diseases treated on the wards often represented failures of public health efforts to prevent disease. He then began a six year career in the U.S. Public Health Service. From 2005-2009, he served in the Indian Health Service on the Navajo reservation. He worked to improve systems of care for the Fort Defiance Service Unit as Director of Ambulatory Care, and served for two years in the CDC's Epidemic Intelligence Service conducting research on tuberculosis and HIV in the United States, Rwanda, India and Kazakhstan. He also helped develop the disease surveillance system in post-earthquake Haiti. His experiences as a primary care provider and his respect for using data to set public health priorities have both drawn him to address the epidemic of preventable chronic disease. He sees the obesity and diabetes epidemic as the leading health equity issue of our time.

<b>Tomás Aragón, MD, DrPH</b> City and County of San Francisco Department of Public Health	Dr. Tomás Aragón is the Health Officer of the City and County of San Francisco, and Director of the Population Health Division (PHD) at the San Francisco Department of Public Health. As Health Officer, he exercises leadership and legal authority to protect and promote health and equity. As PHD director, he directs public health services. He teaches epidemiologic computing at the UC Berkeley School of Public Health, and is interested in health leadership, organizational performance, and health equity. He maintains a not-for-profit public health blog at <a href="http://medepi.com">http://medepi.com</a> .
<b>Marco Reyes, DDS</b> Lifelong Dental Care Berkeley, CA	Dr. Reyes has dedicated ten years to public health and teaching as a volunteer restorative faculty at UCSF. His expertise includes working with the geriatric population, children, and adults with virtually every kind of financial or lifestyle challenge you can imagine. He was born and raised in Nicaragua and comes from a poor disadvantaged family that struggled to overcome the economic and political challenges of day-to-day Nicaraguan life. Nonetheless, his childhood experiences inform his mission today as he addresses the needs of underserved communities where he lives. As the operations officer of La Clinica de la Raza for eight years he witnessed first-hand the value of healthy eating education, dental hygiene and regular dental visits in the prevention of dental disease.
<b>Astha Kanani, MD</b> La Clinica de la Raza and UCSF Oakland, CA	Dr. Kanani has merged her interest in primary care and HIV care in her two positions at La Clinica de la Raza and UCSF. She is passionate about reducing health inequities and addressing the root causes of diabetes, high blood pressure and obesity, diseases and conditions that over 70 percent of her patients struggle with.
<b>Cinnie Chou, MD</b> Contra Costa Regional Medical Center Martinez, CA	Dr. Chou focuses on preventive medicine. She works with Spanish speaking community health workers advocating for pediatric obesity programs. She also works with the family medicine residency at Contra Costa Regional Medical Center, precepts the residents in family medicine clinic and helps coordinate the residents' pediatric training.
<b>Jessie Duvall, Resident PGY3</b> Department of Pediatrics University of California San Francisco San Francisco, CA	As a resident in UCSF's Pediatric Leadership for the Underserved program (PLUS), she has spent the last three years working with the San Francisco Department of Public Health, the San Francisco Unified School District and the non-profit Playworks to help better understand the link between physical activity, academic performance, and classroom behavior. The ultimate goal is to influence policy makers at the school district, city, and state level to increase support for funding physical activity and education in schools. She also took a year off from medical school to work with Physicians for Social Responsibility.
<b>Ogo Mbanugo, MD</b> Contra Costa Regional Medical Center Martinez, CA	Dr. Mbanugo sees many low-income and underserved patients in her work with the Contra Costa Regional Medical Center and out-patient health clinics. For the past twenty plus years she's worked in women's health, urgent care and dermatology. She also sees first-hand the effects of the exploding obesity trend.
<b>Suburban/Rural Champion Providers of California</b>	
<b>Sandra Shetzline, DO</b> Mark Twain Medical Center Murphys, CA	Dr. Shetzline was trained and educated in the south New Jersey-Philadelphia area. She has practiced in a rural underserved California Community for fifteen years. She enjoys preventative care and is inspired to keep the patient population out of the hospital. She believes in vaccination as a tool to attain that goal but often finds cost is a big issue within the predominantly geriatric community that she serves.
<b>Michael Nelson, DDS</b> Private practice general dentistry Redding, CA	Dr. Nelson has been a dentist since 1981 and is a past-president of the Northern California Dental Society. His true passion is teaching people how to take control of their health. For oral health this used to mean brushing and flossing but today includes diet, nutrition, and sleep apnea as well.

<p><b>Aftab Naz, MD</b> Madera Family Medical Group Madera, CA</p>	<p>For the past thirty-two years Dr. Naz has provided medical care to immigrant and low-income patients. He is very active in his community and is currently president-elect for the Madera Community Hospital medical staff, a past member of the Board of Governors Fresno-Madera medical society, a physician provider for the Childhood Obesity Pilot Project in Madera, and commissioner for the First 5 Commission.</p>
<p><b>Robert Streeter, MD</b> Mercy Medical Center Merced, CA</p>	<p>Dr. Streeter came to California to receive his residency training at David Grant USAF Medical Center on Travis Air Force Base, and fell in love with California. Dr. Streeter has served as vice president of Medical Affairs at Mercy Medical Center in Merced, California, for over five years. He previously was the Associate Program Director for the hospital's UC Davis-affiliated Family Medicine Residency. He sees patients daily at the outpatient offices adjacent to the hospital, and continues to be inspired by the stories of the people he has cared for, in some cases, for over twenty years. He enjoys caring for a wide variety of diseases, and finds that, despite his love for teaching others, his patients are always teaching him something!</p>
<p><b>Zoey Goore, MD, MPH</b> Kaiser Permanente Roseville, CA</p>	<p>Dr. Goore is active in her community on behalf of children. She has been Chief of Medical Education for the Sacramento Valley for the past six years, chair of the outpatient pediatric education committee for Northern CA Kaiser Permanente and is on the National Committee on Continuing Medical Education for the American Association of Pediatrics (AAP) as well as vice president for AAP Chapter 1. She is very involved in Court Appointed Special Advocates (CASA), We Help Youth (WHY), and other foster care collaboratives, as well as helping pediatricians address resource scarcity, especially food scarcity, among their patients.</p>
<p><b>Francisco Aguirre, MD</b> WellSpace Health Sacramento, CA</p>	<p>Dr. Aguirre works with Fiesta Educativa, which is a parent driven support group for Spanish speaking parents of children with special needs. As a Champion Provider, he will use his experience in pediatrics, taking care of kids with obesity, bringing attention to this dilemma and possible strategies to help improve their overall health.</p>
<p><b>Razia Sheikh, MD</b> Infants and Children Fresno, CA</p>	<p>Dr. Sheikh has extensive experience working with infants and children, and has witnessed the rise of the obesity epidemic first-hand. She provides obesity prevention information to her patients and has worked with the California Medical Association on an obesity prevention tool kit. She has also chaired or worked with obesity prevention work-groups in Fresno and Madera. She is currently working on a pilot project to help overweight and obese kids from the ages of 2 to 12 years-old.</p>
<p><b>Cheryl Lambing, MD</b> Ventura County Health Care Agency Ventura, CA</p>	<p>As Medical Director for the Ventura County Health Care Agency, Dr. Lambing's primary role is to educate and serve as a resource for all of the Agency's Divisions and all of their community partners, including the local school districts, Ventura County Healthy Eating Active Living collaborative, seniors', youth and homeless organizations. She is an experienced medical speaker and educator but looks forward to delivering strong health messages to wider audiences, especially the media.</p>
<p><b>Tara Scott, MD</b> Santa Rosa Family Medicine Residency Santa Rosa, CA</p>	<p>Dr. Scott is a teaching family physician at a semi-rural federally qualified health center. She works with low-income patients and teaches other physicians how to do the same. She is very passionate about full-spectrum reproductive health and what she calls "food advocacy." She has developed a novel curriculum/rotation for interns in Family Medicine to explore the impacts of the food environment and food production on human health, the environment and human rights. In her clinical practice, she engages patients about their food history, and asks questions about food insecurity, food and cooking knowledge,</p>

	as well as social, financial and health-related constraints on eating a healthy diet. She believes that it is important for physicians to know about how food is grown and about the forces that drive what food is available to us and our patients. She is also an avid bicycle rider and walker, and spends time thinking about the built environment and how it impacts people's ability to exercise in their day to day life.
<b>Holly Leeds, MD</b> Placer County Medical Clinic Placer County	Since she opened her practice in 1999, the majority of Dr. Leeds' patients have been on Medi-Cal and Medicare. She always promotes smoking cessation, exercise and preventative health, even getting some of her patients to grow their own food.
<b>Richard Macias, MD</b> Central Coast Pediatrics San Luis Obispo, CA	Dr. Macias practices general pediatrics in both San Luis Obispo, and Templeton California. He and his group have a large Medi-Cal practice. He deals with obesity on a daily basis and wants to increase resources to help them. He has also been involved with feeding the homeless and Get On the Bus, a program that helps children visit the local prison to meet with their fathers, sometimes for the first time.
<b>Champion Providers of Los Angeles</b>	
<b>Ying Goh, MD, MSHS</b> Pasadena Public Health Department Pasadena, CA	Dr. Goh currently runs the diabetes care management program and pediatric obesity interventions for the Pasadena Public Health Department. Throughout her professional and community life she has worked on programs and initiatives that reduce the health burdens caused by obesity.
<b>Nita Mahajan, MD, MPH</b> Internal medicine Kaiser Permanente Harbor City, CA	The majority of Dr. Mahajan's patients are on Medicare and come to her clinic with medical problems due to heart disease, diabetes and obesity. She is looking forward to expanding her volunteer work with community based organizations in Los Angeles county.
<b>Nicole Alexander, MD</b> LiveLITeLA Los Angeles, CA	As past president of the Association of Black Female Physicians, Dr. Alexander has partnered with local churches and other community based non profits to target underserved populations. Dr. Alexander's passion is integrative health and wellness with a focus on nutrition to reduce obesity.
<b>Claudia Borzutzky, MD</b> Keck School of Medicine CHLA/University of Southern California Los Angeles, CA	Dr. Borzutzky has provided continuing medical education to the Los Angeles County Department of Public Health and direct medical services at school based health centers in two Los Angeles Unified School District high schools. She is passionate for adolescent medicine and health care and has expertise in nutrition, obesity, diabetes and sexual health.
<b>Sherril Rieux, MD</b> Beverly Hills, CA	Dr. Rieux leads a successful private practice in Beverly Hills and is an active member of Cedar Sinai Medical Center. With over twenty years of experience she has developed a passion for preventing, controlling and educating people on cardiovascular diseases. She currently works with elementary schools in the Los Angeles area to prevent childhood obesity.
<b>Theodore Friedman, MD, PhD</b> Martin Luther King, Jr. Multi-Service Ambulatory Care Center Los Angeles, CA	Dr. Friedman works with low-income patients in South Los Angeles trying to stem the obesity and diabetes epidemics. He is especially interested in activating community groups to advocate for better health.
<b>Valencia Walker, MD</b> David Geffen School of Medicine University of California, Los Angeles Los Angeles, CA	Dr. Walker is currently an Assistant Clinical Professor and faculty member at the David Geffen School of Medicine at UCLA in the Department of Pediatrics and Division of Neonatology. She is a Fellow in the American Academy of Pediatrics and an American Board of Pediatrics certified Neonatologist. Her career interests are focused on optimizing maternal-child health for local and international communities. She is extremely passionate about engaging her local community as well as the global community, previously serving on the board of directors for a nonprofit organization called Village Life Outreach

	Project, Inc. This organization's mission is to provide Life, Health and Education to impoverished villages in Tanzania. She also advocated for the creation of a LEED-certified medical clinic building in the remote region in collaboration with local Tanzanian engineers and architects at the University of Cincinnati. She has also volunteered medical services in the countries of Haiti, India, and Guatemala. She is the president for the Association of Black Women Physicians and guides the nonprofit organization's work in traditionally underserved communities to decrease healthcare disparities.
<b>Jehni Robinson, MD</b> ChapCare Health Care Services Pasadena, CA	Dr. Robinson practices family medicine at ChapCare Health Care Services and was previously the Medical Director of The Saban Free clinic. She cares deeply about obesity prevention and feels that we can prevent much suffering if we can effectively address this issue. Dr. Robinson has worked with Dr. Goh at the Pasadena Public Health Department on an obesity prevention project working to develop a co-location model at the Hollywood Wiltshire Health Center. Dr. Robinson is also chair of the wellness committee at her children's school where they are working to promote healthier celebrations and a culture that supports healthy eating and physical activity.
<b>Andriette Ward, MD, MPH</b> ChapCare Health Care Services Pasadena, CA	Dr. Ward currently collaborates with her local health department to better identify and treat pediatric overweight and obese patients. One of her career goals involves collaborating with communities to achieve sustained healthy outcomes. She completed a one-year research fellowship through the Kellogg Foundation Community Health Scholars Program, designed to introduce public health researchers to the process of community-based participatory research. As a Community Health Scholar, she completed a formative evaluation of a school community through the use of focus group discussions and surveys of students, faculty, administration, and food services personnel. As a result of her extensive experience working with Latino and African-American populations, she has developed culturally relevant and effective treatment intervention materials and has learned to modify programs to enhance their portability to ethnic minority populations.
<b>Champion Providers of Southern California</b>	
<b>David Nunez, MD, MPH</b> Orange County Health Care Agency Santa Ana, CA	Dr. Nunez is deeply committed to serving diverse communities by providing compassionate, high quality clinical care and through participation in public health partnerships that promote community health. His unique skills involve sensitively addressing issues related to cultural and language diversity, limited resources and barriers to care. In addition to being a board certified pediatrician he is also a public health professional with broad experience in direct patient care, public health program administration, and child health advocacy. He works closely with many diverse community stakeholders and serves on advisory committees to address local priorities including promotion of breastfeeding, childhood immunizations, and early childhood learning, overall health and development.
<b>Candice Taylor Lucas, MD, MPH</b> University of California, Irvine Irvine, CA	Dr. Taylor Lucas is the Assistant Clinical Professor at the University of California, Irvine (UCI). Her position is funded by the Children and Families Commission of Orange County, for which she serves as a consultant on the topic of early childhood obesity prevention practices and policies, assists with existing obesity prevention programs and identifies evidence-based practices for physicians and health care providers. She believes that behavior change is sustained by community based initiatives, partnerships, and policies that promote a culture of health. She also currently works with preschools in the Anaheim City School District to address the health needs of children with obesity and provide parent

	education on healthy behaviors. Moreover, she is collaborating with the director of the UCI Health Scholars Program to develop the pediatric "HAPPY" volunteer program (Health and Activity Programs Promoted by Youth), in which undergraduates are taught to promote healthy behaviors including active play for children.
<b>Keyla Monterrey, MD</b> Riverside County Health System Perris, CA	Dr. Keyla Monterrey has served as the Physician-in-Charge at the Riverside County Perris Family Care Center since 2007. Dr. Monterrey is passionate about healthy eating and active living, and she recently implemented a popular year-long "Biggest Loser" weight management program at her clinic. Dr. Monterrey completed her training in Family Medicine at the Riverside County Regional Medical Center and graduated from medical school in Nicaragua. She is still inspired by her year-long social service work in rural Nicaragua where she witnessed the enormous impact that community education can have upon the health of a population. She would like to impact her community in the City of Perris and County of Riverside in the same way.
<b>Patricia Cantrell, MD</b> Kaiser Permanente San Diego, CA	Dr. Cantrell is currently on the board of the San Diego Childhood Obesity Initiative and vice president of the American Academy of Pediatrics in San Diego. She specializes in childhood obesity and has created a children's fitness and nutrition DVD, Jumpstart Your Health, and co-founded KFIT, LLC, to provide information to parents and children. Dr. Cantrell is the Pediatric Obesity Champion for Kaiser Permanente San Diego.
<b>Stephanie Chu, MD</b> San Ysidro Health Center Chula Vista, CA	Prior to medical school, Dr. Chu worked in cancer research and emergency medical services. She is a family practice physician who enjoys pediatric and adolescent medicine. She also has teaching experience and is committed to working with underserved populations.
<b>Christine Wood, MD, FAPP, CLE</b> El Camino Pediatrics Encinitas, CA	As the Co-Chair of the San Diego Childhood Obesity Initiative (COI), Dr. Wood has both created projects from the ground up (e.g., Power Up for Sports, Health Toolkit and Physician's Advocacy Menu) and has been involved in learning about other community projects under the COI umbrella. She has been involved with the subject of pediatric obesity through research and publications with San Diego State University and the Research Foundation (MOVE project). She was recently selected to be on the American Academy of Pediatrics Steering Committee for the Institute of Healthy Childhood Weight. At the primary care level, she derives inspiration from working with kids and families who are nutritionally challenged. Her goals include engaging healthcare professionals on how to improve the primary care model and teach physicians how to collaborate with their environment to make the healthy choice the easy and available choice.
<b>Champion Providers of Santa Clara/Santa Cruz</b>	
<b>Nicholas Sikic, MD, MPH</b> Pediatric Healthy Lifestyle Center San Jose, CA	Dr. Sikic has spent the last three years working in the Pediatric Healthy Lifestyle Center of Santa Clara County, which provides family-centered, community-based care to low income children and teens with metabolic disorders and obesity. The Center also works closely with community and government organizations to identify physical activity and nutrition resources for patients. Dr. Sikic has worked on the issue of childhood obesity for over a decade. He was drawn to pediatrics because of the power of prevention and the idea that a healthy, happy childhood will allow kids to grow up to fulfill their potential. His goal is to help patients and families develop an understanding of what habits they can form to achieve good physical health, better performance in school and better mental well-being. He is inspired by watching patients become healthier and succeed and reach their goals in life.

<b>Bradley Haas, MD</b> Kaiser Permanente Santa Clara, CA	Dr. Haas is an attending physician in the department of Family Medicine at Kaiser Permanente Santa Clara Medical Center. He also works in the Kaiser Medical Weight Management Program, which is an eighty-two week intensive weight loss program that involves weekly group sessions and four months of meal replacement, medication titration, and laboratory monitoring.
<b>Elizabeth Mendoza-Levy, MD, MPH, FAAP</b> Santa Clara Valley Health and Hospital System San Jose, CA	Dr. Mendoza-Levy's parents were raised as farm workers traveling up and down California. She was the first in her mother's family to attend college and was the first Mexican-American female to complete studies at the University of Southern California School of Medicine. She works with immigrants and the underserved. As a diabetic herself she wants to help her patients avoid or manage the disease. She is active on several community collaboratives, including being a board member of Youth Alliance, an organization that provides after-school programs in south Santa Clara county and provides services to juveniles on probation and teen parents.
<b>Jyoti Rau, MD, PhD</b> Kaiser Permanente Santa Clara, CA	Dr. Rau runs a weight management clinic that has helped more than 1000 patients get healthier in the last five years. Many patients' lives have been so impacted by the program that they have been able to discontinue the use of medications. On weekends, she helps medical students administer Stanford Free Clinics in Menlo Park and San Jose. She is also a Communications Consultant who helps medical center physicians and staff improve communication with diverse populations and develop initiatives that meet their unique needs. She is the Physician Chair of the Wellbeing Committee to help impaired, stressed, or ill physicians get help as well.
<b>Garry Crummer, MD</b> Santa Cruz Women's Health Center Santa Cruz, CA	Dr. Crummer has experience working in a corporate medical practice and community health. He has worked with the Health Improvement Partnership and the Pediatric Vision Group in Santa Cruz. Previously he worked with Indian Health Council, Inc. which served a consortium of nine Indian Tribes in San Diego County. He has undergraduate and graduate degrees in Music Performance and Music Education from Eastman School of Music of the University of Rochester, and also experience researching auditory neurophysiology and the neuroscience of music cognition at the University of Rochester, School of Medicine.
<b>Antonia Charles, MD</b> Santa Clara Valley Medical Center San Jose, CA	Dr. Charles directs the Pediatric Healthy Lifestyle Center in Santa Clara County which treats obese and overweight children and teens. She is very active in the community and works with a variety of other community organizations, including the Second Harvest Food Bank, both Santa Clara County and San Jose Parks and Recreation departments, the East Valley YWCA to offer discounted memberships and Turning Wheels for Kids to offer new bikes to patients who don't have bikes. She is very interested in a more collaborative approach to fighting the obesity epidemic. Two years ago her family was awarded the "La Familia" award for excellence in commitment and service to the community by the Hispanic Foundation of Silicon Valley.
<b>Maria Mead, MD</b> Santa Cruz Women's Health Center Santa Cruz, CA	Dr. Mead is a family practice physician working as a Medical Director for a small community clinic. She is passionate about expanding access to quality, affordable healthcare. She is a founding member of the Pediatric Vision Group and is an active member of the community's Safety Net Coalition who regularly meets with Medical Directors of other Safety Net clinics.